DISC GOLF RULES & ETIQUETTE

COURTESY – Please don’t litter, and pick up trash, even if it isn’t yours. Help new players play by the rules.

GENERAL – Disc golf uses a flying disc instead of a golf ball. One stroke is counted each time the disc is thrown and when a penalty is incurred. The object is to acquire the lowest score.

TEEING OFF – Tee off order on the first tee will be decided by mutual arrangement or by flipping discs. The printed side is heads and the odd person should be first. Tee off order on all subsequent holes is determined by the score on the previous hole.

TEE THROWS – Tee throws must be completed within the designated tee area. Stepping outside of the designated tee area once the disc is released is acceptable. Do not throw until the players in front of you are out of range.

THROWING ORDER – After teeing off, the player whose disc is farthest from the hole always throws first. The player with the least amount of strokes on the previous hole is the first to tee off on the next hole.

LIE – The spot where the previous throw has landed. Mark your lie with a mini disc or turn over the thrown disc, directly toward the hole or dog leg.

FAIRWAY THROWS – Fairway throws must be made with the foot closest to the hole on the lie. The other foot may be no closer to the hole than the lie. A run-up and normal follow-through is allowed more than 30’ from the hole. Inside 30’, a player may not step past his/her lie. ‘Falling or jumping’ putts are not allowed inside 30’.

DOG LEG – A dog leg consists of one or more designated trees or poles in the fairway that must be passed as indicated by arrows. Until the dog leg is passed the closest foot to the dog leg must be on the lie when the disc is released.

COMPLETION OF HOLE – A disc that comes to rest in the basket or chains constitutes successful completion of that hole. A disc that comes to rest on top of the pole hole does NOT constitute a successful completion of that hole.

UNPLAYABLE LIE – A disc that comes to rest more than two meters above the ground is considered unplayable. The disc must be thrown from the lie on the ground, directly underneath the playable lie. Add one stroke penalty.

OUT-OF-BOUNDS – A player whose disc is considered out-of-bounds shall receive a one stroke penalty. The player may elect to play the next shot from: (1) the previous lie; or (2) a lie that is up to three feet away from and perpendicular to the point where the disc last crossed into out-of-bounds. This holds true even if the direction takes the lie closer to the hole.

ADDITIONAL CONSIDERATIONS – Players will not be penalized for rule infractions. Other players will keep you honest. Water, concrete sidewalks, parking lots, canals, and streets are normal disc golf out-of-bounds. Never throw until the players ahead of you are out of range, and the fairways is completely clear of spectators and park pedestrians. Be polite and patient in waiting for others to clear your path or skip that hole and play it later.

NOTE: Please refer to www.discgolf.com for a complete set of disc golf rules. This abbreviated set of rules was obtained from the disc golf association.

DISC GOLF COURSE

THE OHIO STATE UNIVERSITY  •  DEPARTMENT OF RECREATIONAL SPORTS  •  OFFICE OF STUDENT LIFE

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For more information visit our website at recsports.osu.edu

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The Ohio State University ■ Department of Recreational Sports ■ Office of Student Life